| Student's Name:                | _ Student's Grade: |
|--------------------------------|--------------------|
| The Epiphany School Lunch from | m Carolina Bagel   |

## February, 2020 Please make checks payable to "The Carolina Bagel Co."

Please circle one item each day on the menu and/or write in your ala carte order.

Chips, Goldfish® or Teddy Grahams® will be served with sandwiches (please specify if other than chips).

All Meals include drink (water or milk) and side (fresh fruit, yogurt, or apple sauce), please specify.

Please notify our staff of any food allergies your child may have.

| Monday                   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--------------------------|--|---|---|---|
| 3                        | 4  | 5   | 6   | 7   |
| Pizza (2 slices) & Salad | White Chicken Chili w/Grilled Chs<br>Chicken Nuggets<br>Mini Corn Dogs & Chips<br>Baked Spaghetti w/side salad | Chix&Dumpling Soup w/GrilledChs<br>Orange Chicken w/rice<br>Cereal & Milk<br>Chicken Fillet Sandwich            | Macaroni & Cheese w/salad<br>Hot Dog w/Mac & Cheese<br>Cheeseburger & Chips<br>Turkey & Cheese Sandwich | Chicken Pot Pie<br>Chicken Nuggets<br>Chicken Fillet Sandwich<br>Sloppy Joe Sandwich            |
| 10                       | 11   | 12  | 13  | 14  |
| Pizza (2 slices) & Salad | White Chicken Chili w/Grilled Chs<br>Chicken Nuggets<br>Mini Corn Dogs & Chips<br>Baked Spaghetti w/side salad | Potato Bacon Soup w/Grilled Chs<br>Orange Chicken w/rice<br>Cereal & Milk<br>Chicken Fillet Sandwich            | Macaroni & Cheese w/salad<br>Hot Dog w/Mac & Cheese<br>Cheeseburger & Chips<br>Turkey & Cheese Sandwich | Chicken Pot Pie Chicken Nuggets Chicken Fillet Sandwich Sloppy Joe Sandwich YAG Conference      |
| 17                       | 18   | 19  | 20  | 21  |
| Pizza (2 slices) & Salad | White Chicken Chili w/Grilled Chs<br>Chicken Nuggets<br>Mini Corn Dogs & Chips<br>Baked Spaghetti w/side salad | Tomato Basil Soup w/Grilled Chs Orange Chicken w/rice Cereal & Milk Chicken Fillet Sandwich  Costa Rica Group 1 | Macaroni & Cheese w/salad<br>Hot Dog w/Mac & Cheese<br>Cheeseburger & Chips<br>Turkey & Cheese Sandwich | Chicken Pot Pie Chicken Nuggets Chicken Fillet Sandwich Sloppy Joe Sandwich  Costa Rica Group 1 |
| 24                       | 25   | 26  | 27  | 28  |
| Enrichment               | Enrichment   | Enrichment  | Enrichment  | Enrichment  |
|                          |  |   |   |   |

## Carolina Bagel A la carte menu

Write in items on chosen calendar day.

| Ham & cheese sandwich     | \$4.25 | Bagel with cream cheese | \$2.25 | <b>Bottled water</b> | \$1.00 |
|---------------------------|--------|-------------------------|--------|----------------------|--------|
| Turkey & cheese sandwich  | \$4.25 | Muffin                  | \$2.25 | Milk                 | \$1.00 |
| Chicken Nuggets           | \$2.95 | Cinnamon roll           | \$2.00 | Juice/Snapple Tea®   | \$2.00 |
| Chicken fillet sandwich   | \$3.95 | Fresh fruit             | \$1.00 | Goldfish®            | \$0.75 |
| Grilled cheese            | \$3.75 | Yogurt                  | \$1.00 | <b>Bug Bites</b> ®   | \$0.75 |
| Hot dog                   | \$2.75 | Chef's Salad            | \$5.25 | Potato Chips         | \$0.75 |
| Mini Corn Dogs            | \$2.95 | Cereal & Milk           | \$2.95 | Baked Chips          | \$1.00 |
| Pizza Slice (Monday only) | \$2.00 | Choc. Chip cookie       | \$1.00 | _                    |        |

| # days of lunch meals X \$6.50 + items from a la carte menu = \$ | total |
|--|-------|
|--|-------|

Carolina Bagel thanks you for your business. In order for us to properly process your student's order, we must have it in hand, with payment, no less than one week before the next calendar month.

Field trips can affect your students lunch, since these trips usually occur during lunch time. Please notify us a week ahead of time for any impending trips and we will gladly credit the lunch for the following month. We can instead save their lunch & place it in the cooler for when they return, if requested.

If because of extenuating circumstances, you are not able to hand in your menu on time, you will still be able to submit a menu. You must however bring it to the restaurant and give us a week lead time before the first day your student's first meal.

We encourage you to contact us with any questions you may have. You can either give us a call at (252)636-0133 or e-mail us at carolinabagel@gmail.com.